

Golf FORE All

Cedar Valley Adaptive Golf



HUSOME STRONG
FOUNDATION

Why is this program important to our community?

Adaptive golf provides an opportunity for anyone with a disability to get out and experience the joys of the game of golf. This program will offer instruction, organized events, and adaptive equipment to help make the game enjoyable for everyone.



By making the game of golf accessible to people with physical and developmental challenges, golf provides:

- A positive environment which helps develop confidence, self-esteem and purpose
- A way for those with disabilities to become actively engaged in the social fabric of the community
- Health benefits that improve one's quality of life



“Everyone has a disability, some are more visible than others”

Adaptive Golf Statistics:

- According to the CDC, 1 out of 5 people in the U.S. live with a disability. That means there are approximately 25,000 people in the Cedar Valley living with some type of disability.
- In a recent PGA survey, over 65% of those living with a disability say they would like to return to the game they played prior to becoming disabled or would like to learn how to play the game.
- Spinal cord injuries, amputations, strokes, autism, and PTSD are all conditions where golf therapy has made an improvement in their lives.

Our initial goal is to raise enough money to purchase two adaptive golf carts and donate them to Pheasant Ridge/Walters Ridge in Cedar Falls and Irv Warren Golf Course in Waterloo. Our Ultimate goal will be to supply every public golf course in the Cedar Valley with an adaptive golf cart.

Please support this worthy cause by donating to the HusomeStrong Foundation, www.husomestrong.com

Adaptive Golf

- Builds confidence
- Develops a sense of comradery
- Builds strength and endurance
- Reduces the effects of PTSD
- Allows everyone to access the game
- Gets people moving!
- Is good for our community!



proud member of



The HusomeStrong Foundation is a non-profit organization established to assist people who have experienced the loss of a limb and are seeking assistance to realize their full potential and live their lives to the fullest after amputation.

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